

Furness Academy Menu - Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Carrot and Coriander	Mushroom	Leek and Potato	Spicy Butternut Squash	Minestrone
Special of the Day	Brioche Burgers Beef Burgers served in a brioche bun with a fresh side salad	Chicken Tikka Masala Served with naan bread and poppadums	Mince Beef Yorkies Ground mince beef served in a Yorkshire pudding with veg	Roast of the Day Roast Chicken served with all the roast trimmings	Classic Fish and Chips Breaded Cod, served with chips and mushy peas
Main Courses	<ul style="list-style-type: none"> • Chicken and Leek Hotpot • Pepper Pizza 	<ul style="list-style-type: none"> • Meat and Potato Pie • Beans on toast 	<ul style="list-style-type: none"> • Chicken Risotto • Cheese and Tomato Pizza 	<ul style="list-style-type: none"> • Shepherd's Pie • Spicy Pizza 	<ul style="list-style-type: none"> • Sweet and Sour Chicken • Sausage Roll
Vegetarian Option	Vegetable Chow Mein	Mushroom Stroganoff	Cheese and Tomato Quiche	Toad in the Hole with Vegetarian Sausage	Cheese and Onion pie
Side Dishes	<ul style="list-style-type: none"> • Baby boiled potatoes • Jacket Potatoes • Seasonal Veg • Baked Beans • Coleslaw 	<ul style="list-style-type: none"> • Creamed Potatoes • Jacket Potatoes • Rice • Seasonal Veg • Baked Beans • Coleslaw 	<ul style="list-style-type: none"> • Parsley Potatoes • Jacket Potatoes • Seasonal Veg • Baked Beans • Coleslaw 	<ul style="list-style-type: none"> • Roast Potatoes • Creamed Potatoes • Jacket Potatoes • Seasonal Veg • Baked Beans • Coleslaw 	<ul style="list-style-type: none"> • Chips • Rice • Jacket Potatoes • Seasonal Veg • Baked Beans • Coleslaw
Special Dessert of the Day	Sticky Toffee Pudding and Custard	Ginger Sponge and Custard	Pineapple Upside Down Cake and Custard	Lemon Sponge and Custard	Marmalade Bread and Butter Pudding
Desserts	<ul style="list-style-type: none"> • Selection of Fruit • Fruit Yogurts • Tray Bakes 	<ul style="list-style-type: none"> • Selection of Fruit • Fruit Yogurts • Tray Bakes 	<ul style="list-style-type: none"> • Selection of Fruit • Fruit Yogurts • Tray Bakes 	<ul style="list-style-type: none"> • Selection of Fruit • Fruit Yogurts • Tray Bakes 	<ul style="list-style-type: none"> • Selection of Fruit • Fruit Yogurts • Tray Bakes
Street Food	Mexican	Continental	Oriental	USA	Fish Shop

Fresh sandwiches, baguettes, wraps, paninis and salad boxes also available every day from the Grab and Go Counter