



USE SPECIFIC EXAMPLES TO UNDERSTAND ABSTRACT IDEAS




CONCRETE EXAMPLES

COMBINE WORDS & VISUALS



DUAL CODING

EXPLAIN & DESCRIBE IDEAS WITH MANY DETAILS



ELABORATION

SWITCH BETWEEN IDEAS WHILE YOU STUDY



ACB CBA BCA
TOPICS

INTERLEAVING

PRACTICE BRINGING INFORMATION TO MIND



RETRIEVAL PRACTICE


SPACE OUT YOUR STUDYING OVER TIME



SPACING
2
1 TESTING 3 SKETCHING


SPACED PRACTICE

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