



AUTUMN HALF TERM HOLIDAYS 2020

Barrow-in-Furness

To make it easier for parents who are looking for childcare and activities for their children over the Autumn half term break, the Local Authority and partners have pulled together this list of available services and activities. This list is available on our website at <https://www.cumbria.gov.uk/childrensservices/childrenandfamilies/cfis>.

If you have information about activities to add to the list, please contact emma.robinson2@cumbria.gov.uk.

Please note that Cumbria County Council are not the organiser of the advertised events and the information contained in this publication is for information purposes only. Where we provide information about external organisations or services providers, we are not able to offer a guarantee on the quality of their services.



Childcare and Holiday Clubs

Barrow Day Nursery

Sessions from 7.00am - 6.00pm

Age Range 0 to 4

01229 440545

barrow@brighthorizons.com

Cheeky Monkeys Childcare

Sessions from 8.00am - 5.30pm

Age Range 0 to 11

01229 827722

manager@cheekymonkeyschildcare.com

Day trips out, guidelines permitting

Furness Childcare Ltd

Sessions from 8.00am - 5.30pm

Age Range 0-11

01229 828444

donna@furnesschildcare.co.uk

Happy Tots Day Nursery Ltd

Sessions from 8.30am - 4.00pm

Age Range 4 to 11

01229 877566

enquiries@happytotsnursery.co.uk

**Rugby and Multisports Camp
Barrow Raiders Community
Foundation**

Monday 26th - Wednesday 28th October
Rugby / Football / Ultimate Frisbee / Kwik
Cricket / Rounders

£15 per session

Limited spaces per session, one session
only per child.

Monday 9-12pm (5-9 year olds)

Monday 1-4pm (10-13 year olds)

Tuesday 9-12pm (5-9 year olds)

Tuesday 1-4pm (10-13 year olds)

Wednesday 9-12pm (girls only)

Wednesday 1-4pm (8-12 year olds)

Booking via

[http://www.barrowrlfc.com/product.../o
ctober-half-term-camp/](http://www.barrowrlfc.com/product.../october-half-term-camp/)

College House Day Nursery

Sessions from 7.30am - 5.30pm

Age Range 0 to 4

01229 837546

info@collegehousedaynursery.co.uk

**The Outward Bound Trust
Adventure Days**

Available 19, 20, 22, 23, 26, 27, 28 and 29
October

Age Range 10-17

9.15am-4pm

FREE to those who are eligible to free
school meals (£30 per day for others)

Held at the Ullswater Centre,
Watermillock, Penrith, CA11 0JL

For more information and to book:

[https://www.outwardbound.org.uk/adve
nture-days](https://www.outwardbound.org.uk/adventure-days)



Food

Barrow

Hartington Street Methodist Church and Baptist Church Abbey Road

07971 639916

Rev Sophie Carnaby

Facebook: Hartington Street Methodist Church

Food distribution point.

Brunch Club 11.00am – 1.00pm

Mon – Wed Hartington Methodist Church

Thu – Friday Baptist Church, Abbey Road

Walney

Spring Mount Walney/ Walney Community Trust

01229 471676 / 07824632136

Email: roshwalneyct@gmail.com

Website:

www.springmount.church/spring-mount-walney/

Facebook: Spring Mount Walney

Monday – Friday, 11.00am – 4.00pm

Food distribution point and packed lunches available from Springmount and the Salthouse Pavilion as well as 2 hours of crafts, arts and sports activities.

Barrow Island and Central Food Hub

Bram Longstaffe Nursery School, Farm Street, Barrow

07949 434076

Email: e_morrison1966@hotmail.com

Food distribution point. Contact for more information.

Schneider Road Community Hub

Schneider Road Community Centre, Barrow

07932906715

Email: keyleighd1@sky.com / dixonemma7806@hotmail.co.uk

Facebook: Schneider Road Community Hub

Food distribution point. Every day delivery available and appointments available to book to come and choose items yourself.

Dalton
St Mary's Parish Centre
Dalton

07796366234

Email: vicar@daltonparish.co.uk

Facebook: Dalton Community Action

Monday, Wednesday and Friday.

11.00am – 4.00pm

Food distribution point.



Support Services

E-School Nurse Clinic

Twice weekly online health support and advice for parents, carers and professionals, supporting children and young people aged 5-19 years old.

You will be able to talk to the nurse over a live video link that is private, secure, confidential and convenient for you.

In consultation with you, the nurse will assess the child or young person's health problem and provide you with the support and advice needed.

For more information on the E-School Nurse video clinic please visit www.cumbria.gov.uk/ph5to19 or call 0300 30 34 365 for an appointment.

0-5 Health Visiting Service

Offer a wide range of support and advice for families with 0-5 year olds including baby clinics, behaviour, growth and development, immunisations, minor ailments, nutrition, and support groups.

We can also connect you with other agencies if you need advice or support around housing, benefits or debt.

Contact your local team:

Barrow-in-Furness: 01229 409624

Dalton: 01229 407770

Greengate: 01229 404595

Family Action Cumbria

Family Action's Family Line is a **FREE** helpline, for members of the family over 18 years. It provides support on all aspects of family life.

Available from Monday to Friday 9.00am - 9.00pm

Telephone: 0808 802 6666

Text: 0753 740 4282

Email: familyline@family-action.org.uk

Walney Community Trust

Contact: 07487877748

Email: Alysha.moore@outlook.com

Website:

www.springmount.church/spring-mount-walney/

Facebook: Spring Mount Walney

Girls 'identity' course on a Thursday evening

1:1 mentoring sessions throughout the week which are centred around emotional resilience sessions.

Transition work for year 7/10/11/college, contact for more information.

Together We CIC

Talk and Fitness

Together We CIC empowers people to take control over their physical and mental health with free and low cost programs.

Together We Talk offers FREE 1:1 and group work including mental health support, counselling and CBT. We help individuals take back control over their mental and physical health and wellbeing.

Together Fitness offers in person and online group fitness and wellbeing sessions. Find out more at:

www.togetherwe.co.uk

referral@togetherwe.co.uk

Tel: 0808 196 1773

<https://en->

[gb.facebook.com/togetherwecic](https://en-gb.facebook.com/togetherwecic)

Kooth

Kooth.com

A web-based confidential support service available to young people aged 11 to 18.

A safe and secure means of accessing mental health and wellbeing support designed specifically for young people.

Offers text-based conversations with a qualified counsellor.

Counsellors are available from 12.00pm to 10.00pm on weekdays and 6.00pm to 10.00pm at weekends, every day of the year.

Young people can access regular booked online counselling sessions as needed.

Outside counselling hours' young people can message our team and get support by the next day.

Drop Zone

39 Bath Street, Barrow

Contact: 01229812888 / 07787417838

Email: drop_zone@btconnect.com

Website: www.drop-zone.uk

Wednesday - LGBTQ+support 5pm-7pm at The Annexe.

Thursday - 5pm-7pm Ormsgill (detached) Thursday - 7pm-9pm Town Centre (detached)

Half term activities:

Monday – Askam 2-4 Scarecrow Building & Halloween Activities (Meet at the Pod)

Tuesday – Dalton 2-4 Halloween Packs (Detached)

Wednesday – Ormsgill 10-2 Scarecrow Building & Halloween Activities (Meet at Youth Club)

Wednesday - LGBT 2-4 Scarecrow Building & Halloween Activities (Bath St)

Wednesday – Barrow 2-4 Halloween Packs (detached)

Targeted Careers Information Advice and Guidance

Inspira

Inspira has been commissioned by the Cumbria County Council to provide careers information, advice and guidance, and support with progression planning to targeted priority groups of young people including:

Children Looked After

Care Leavers (up to the age of 21)

Children attending Pupil Referral Units and by extension those receiving support through the Hospital and Home Tuition Service

Children in receipt of an Education and Health Care Plan

16 18-year-olds who are NEET or at risk of becoming NEET without identified education and employment progression at 16 and 17

Our delivery staff maintain a non-judgmental, person centred approach; providing advice that is fair, informed, and focused upon the interests of young people; and actively challenge any attempt to restrict or undermine their impartiality. Impartiality lies at the heart of our commitment to service users. It is fundamental to our integrity as an organisation and to our provision of high-quality CIAG.

Should you or your child feel they would benefit from discussing their options following school or college please contact you local Inspira office or contact us on **0345 658 8647**.

Find out about additional support for you and your family at
<https://www.cumbria.gov.uk/welfare/>.



Activities and events

Family Bike Rides

Brathay Trust

FREE ADMISSION!

October 25, 26, 27 & 28 2020

To book your place, contact Sarah on 07776766915 or

sarah.cubiss@brathay.org.uk

Bikes available for ages 8 and above.

Signal Films

28-31 October 2020

FREE Halloween themed workshop running over four days, to include stop motion animation/character modelling/filmmaking for 8-11 year olds.

For more information and to apply:

<https://signalfilmmedia.com/signal-starters/>

Walney Youth Club @ Spring Mount

The ICan Fitness WOW bus will be coming to Walney on Monday 26th and Tuesday 27th October 2020.

Free slots can be booked through:

- Walney Community Trust
- DropZone
- Walney Secondary School
- Furness Carers
- Leonard Cheshire

Each session will allow max of 30 but are split into smaller bubbles for both activities.

Early Years Home Learning Activities

Cumbria County Council Early Years Team

The Early Years Team will share one activity a day, including Saturday and Sunday.

Each week is based on a theme, the activities are available through the Children and Families Information Service facebook page:

www.facebook.com/ChildrenandFamiliesInformationService/

All activities are designed to be easy to do with low cost/no cost resources.

Active Cumbria

Various online activities for all ages.

<https://www.activecumbria.org/behealthybeactive/stay-work-out/>

<https://www.activecumbria.org/behealthybeactive/physical-activity-search/>

Booktrust Gift Packs

Barrow Library

Website: www.cumbria.gov.uk/libraries/locations/bar_lib.asp

Email: barrow.library@cumbria.gov.uk

Facebook: Barrow library and Archives

Instagram: @barrow.library

Pop into Barrow Library w/c 19 October anytime between 10am and 1pm to collect a free bundle of great stories and activities courtesy of Book Trust. Then join us in half term on Facebook for fun activities related to the books in your pack. Listen to stories and craft along.

If you would like a free pack but aren't able to collect in those times email cathy.fidler@cumbria.gov.uk to arrange collection or delivery if you are isolating.

Please note content of the packs varies but is most suitable for younger children and their grownups.

Limited Packs supplied on a first come first served basis.