Furness Academy Menu - Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Roasted Veg	Pea and Ham	Minestrone	Chicken and Sweetcorn	Beef and Tomato
Carb Counter (£2.25 Meal Deal with juice and biscuit)	**Chicken Balti** Served with naan bread and rice	**Sausage and Mash** Served with seasonal vegetables	**Meat and Potato Pie** Served with peas and gravy.	**Roast of the Day** Roast Gammon served with all the roast trimmings	**Classic Fish &Chips** Breaded Cod, served with chips and mushy peas
Main Courses	• Assorted Pizza • Minced Beef	• Beans on Toast • Chicken Korma • Cajun Chicken Bake	• Assorted Pizza • Spicy Chicken Kebab	• Chicken in Black Bean • Assorted Pizza • Hot Baguettes	• Sausage Roll • Chips and Toppings
Vegetarian/Vegan Option	Cajun Veggie Pasta Bake	Spicy Bean Burger	Garlic Mushroom Pasta Bake	Veggie Enchiladas	Vegetable Curry
Side Dishes	• Jacket Potatoes • Seasonal Veg • Baked Beans • Coleslaw	• Jacket Potatoes • Rice • Seasonal Veg • Baked Beans • Coleslaw	• Jacket Potatoes • Seasonal Veg • Baked Beans • Coleslaw	• Roast Potatoes • Creamed Potatoes • Jacket Potatoes • Seasonal Veg • Baked Beans • Coleslaw	• Chips • Jacket Potatoes • Seasonal Veg • Baked Beans • Coleslaw
Special Dessert of the Day	**Victoria Sponge**	**Gingerbread and Custard**	**Fruit Crumble and Custard**	**Jam & Coconut Sponge**	**Chocolate Sponge and Fresh Cream**
Desserts	• Selection of Fruit • Fruit Yogurts • Tray Bakes	• Selection of Fruit • Fruit Yogurts • Tray Bakes	• Selection of Fruit • Fruit Yogurts • Tray Bakes	• Selection of Fruit • Fruit Yogurts • Tray Bakes	• Selection of Fruit • Fruit Yogurts • Tray Bakes
Hot Deli Bar	Curried Chicken Flatbread/Wrap	Sweet Chili Chicken Baguette/Flatbread	Spicy Mince Wrap/Slider	BBQ Chicken Melt Baguette/Wrap	Chips and Toppings
Street Food	Mexican Beef Chili Nachos/Rice	Continental Pie of the Day	Oriental Szechuan Chicken with Noodles	USA Sloppy Joe Mac and Cheese	Fish Shop Chips and Toppings
Pasta King	Bangers & Beans / Zingy Pepper	Firecracker/Arrabbiata	Smoky Pepperoni/ Mediterranean Pizza	Chinese Chicken Curry/Veg Curry	Chips and Toppings

Fresh sandwiches, baguettes, wraps, paninis and salad boxes also available every day
from the Grab and Go Counter