FURNESS ACADEMY

CURRICULUM OVERVIEW

PERSONAL DEVELOPMENT | YEAR 10

HEALTH • WORK • INDEPENDENCE

WHAT STUDENTS LEARN

AUTUMN | HEALTH & WELLBEING

Explore physical and mental health, cancer awareness, body image, responsible choices and sources of support.

AUTUMN | RELATIONSHIPS

Examine healthy and unhealthy relationships, consent, contraception, sexual health and online influences.

SPRING | CAREERS & WORK EXPERIENCE

Develop CVs, cover letters, interview skills and financial awareness; prepare for workplace safety and off-site work experience.

SUMMER | DIGITAL & PERSONAL SAFETY

Recognise deepfakes, online exploitation and trafficking risks; study substance awareness, festival safety and practical first aid.

KEY SKILLS DEVELOPED

HEALTH LITERACY

Evaluate health information and access support.

RELATIONSHIPS

Recognise respect, consent and safe boundaries.

EMPLOYABILITY

Prepare applications, interviews and work experience.

RISK MANAGEMENT

Identify online, social and environmental risks.

PROGRESSION

Builds on KS3 knowledge through more independent health, relationship and careers decisions, preparing for post-16 transition.

APPLICATION & LIFE SKILLS

Off-site work experience, CV preparation, interviews and applying safety knowledge in real-world contexts.