FURNESS ACADEMY

CURRICULUM OVERVIEW

PERSONAL DEVELOPMENT | YEAR 7

BELONG • STAY SAFE • GROW



WHAT STUDENTS LEARN

AUTUMN | COMMUNITY & CULTURE

Build positive relationships, set goals, show respect and contribute to school culture.

AUTUMN | ONLINE SAFETY

Recognise cyberbullying, online grooming risks and misleading information; know where to seek help.

SPRING | HEALTH & WELLBEING

Explore emotional regulation, resilience, puberty, hygiene, sleep, physical activity and preventive healthcare.

SUMMER | FUTURES & SAFETY

Discover careers, teamwork, leadership and basic money management; learn water, rail and sun safety and first-aid awareness.

KEY SKILLS DEVELOPED

RELATIONSHIPS

Respect, teamwork and community participation.

DIGITAL LITERACY

Evaluate online information and recognise risks.

WELLBEING

Use coping strategies and healthy routines.

LIFE SKILLS

Explore careers, money and personal safety.

PROGRESSION

Establishes the foundations for Year 8 learning about identity, inclusion, digital responsibility and informed decision-making.

APPLICATION & LIFE SKILLS

Apply learning through everyday school relationships, safe online choices and practical personal health routines.